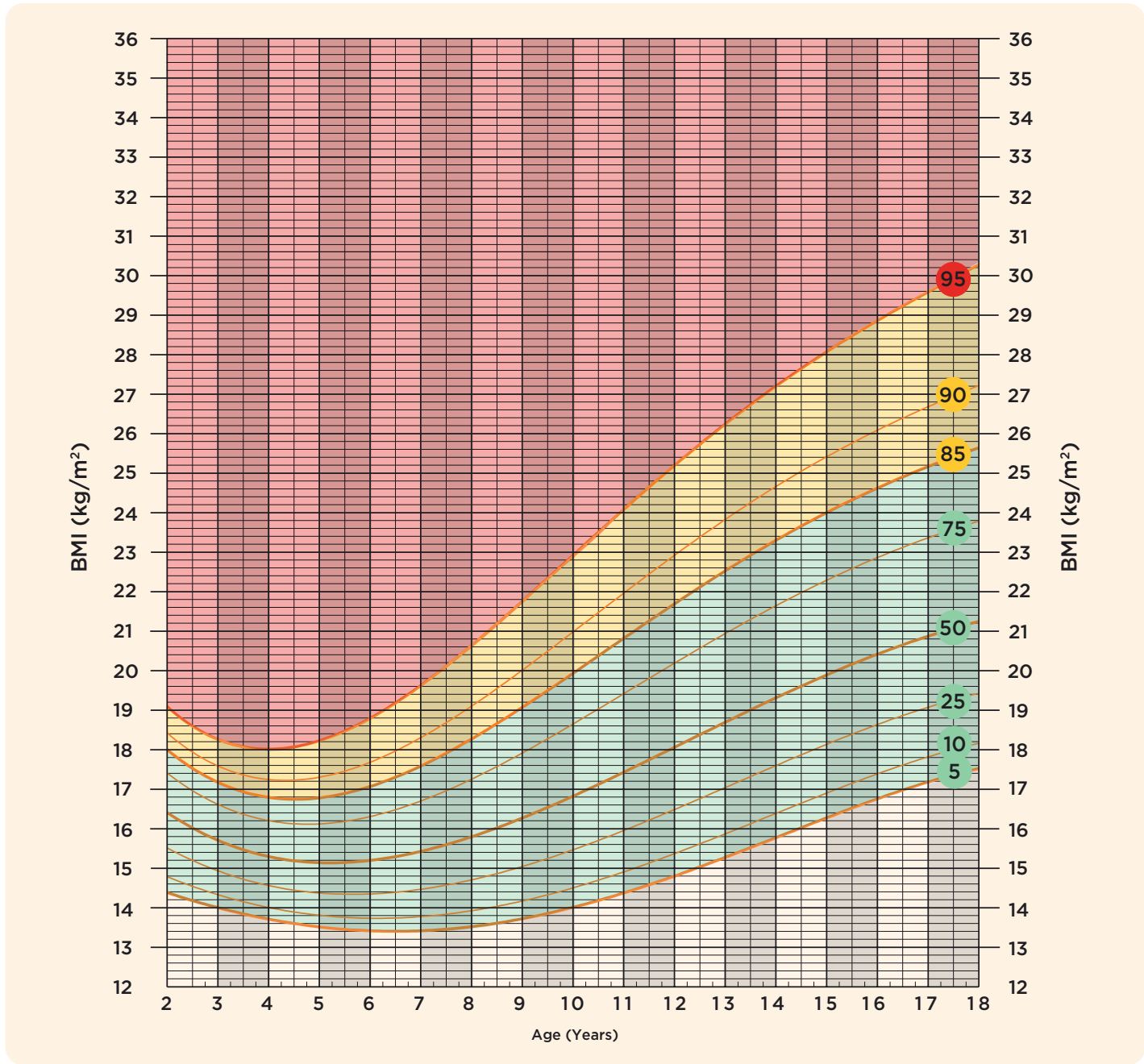


**Body mass index (BMI)-for-age percentile chart**

**Girls: 2 to 18 years**



**Below a healthy weight**  
 < 5th percentile  
 (underweight)

**Healthy weight**  
 5th percentile to < 85th percentile

**Above a healthy weight**  
 85th percentile to < 95th percentile  
 (overweight)

**Well above a healthy weight**  
 95th percentile and above  
 (obesity)

For more healthy habit tips visit [healthyliving.nsw.gov.au](http://healthyliving.nsw.gov.au)  
 For health professional resources visit [pro.healthykids.nsw.gov.au](http://pro.healthykids.nsw.gov.au)

Source: Centers for Disease Control and Prevention (CDC) (2000). The BMI for age chart takes the age, height, weight and sex of the child into consideration. The CDC charts are appropriate for children aged 2 to 18 years old.

