



## GO4FUN<sup>®</sup> REFERRAL FORM

CLICK TO SEND

Go4Fun<sup>®</sup> is an evidence based, FREE healthy lifestyle program for **children aged 7-13 years who are above a healthy weight**, and their families. Programs are locally available and are delivered by trained health and community professionals.

Children who participate in Go4Fun<sup>®</sup> achieve clinically significant improvements in physical activity and nutrition outcomes.

**This form is available in MedicalDirector and Best Practice**

### PATIENT DETAILS

Child's name\*: \_\_\_\_\_ Date of Birth\*: \_\_\_\_\_ Sex\*: \_\_\_\_\_

Weight\*: \_\_\_\_\_ Height\*: \_\_\_\_\_ Parent/Carer name\*: \_\_\_\_\_

Phone Number\*: \_\_\_\_\_ Email: \_\_\_\_\_ Postcode\*: \_\_\_\_\_

### COMMENTS/RELEVANT HISTORY/CONDITIONS

### HEALTH PROFESSIONAL DETAILS

Please complete the details below, **OR** provide a Health Professional's stamp of authority.

Referral date: \_\_\_\_\_

Referring health professional's name\*: \_\_\_\_\_

Name of service/practice\*: \_\_\_\_\_

Phone number: \_\_\_\_\_

\* Notes mandatory field

Health Professional's stamp

### FOR SYDNEY CHILDREN'S HOSPITAL NETWORK STAFF ONLY

Please tick the referring campus

- Westmead
- Randwick

The parent/carer will be contacted within 5 working days with further information on a local Go4Fun<sup>®</sup> program.

For more information visit [www.go4fun.com.au](http://www.go4fun.com.au)  
or contact [contact@go4fun.com.au](mailto:contact@go4fun.com.au)