Equipment

- The scale should weigh up to 20kg, in 5g (0.005kg) increments.
- Place the scale on a stable, non-carpeted surface.
- If using a trolley, check the scales are not touching the edges of the trolley.

Measuring the weight of a child may require two people to ensure correct measurement.

1

To collect bare weight, ensure the child is undressed with the nappy removed. 2.

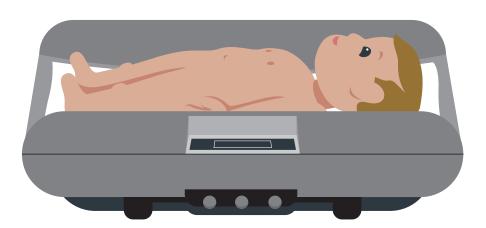
Place a sheet/paper towel on the scale.

3

Turn the scales on and wait until it displays zero.

0.000kg





4

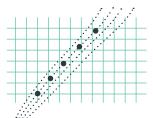
Place the child in the centre of the scale and ensure that weight is evenly distributed. 5

Wait until the scales settle at a reading and record weight to the nearest 5g (0.005 kg).

7.860kg

6.

Plot the weight measurement on the relevant weight-for-age chart and enter into the child's electronic medical record. If able, measure length and plot on the relevant chart and enter into the child's record.





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